Your food choices can make a big difference for your health and wellness. That’s why WCH is proud to offer a full menu of healthy - and tasty - new meal options, announced Bill Sheron, hospital president and CEO.

“Patients, visitors and staff will enjoy a wide selection of wholesome, fresh food with as many locally sourced items as possible,” said Sheron. “As a wellness leader in the community, we want to set a good example and encourage people to eat better.”

Along with hiring a full-time chef, WCH is now partnering with Unidine WCH to manage this food service. Unidine shares the hospital’s commitment to a holistic approach to food preparation, including made-from-scratch cooking, said Sheron.

“Patient satisfaction is an essential goal of our new food service program,” he added.

Each patient will be visited daily by a dedicated guest services representative who will take individual meal orders and deliver the meals.

Hospital visitors also will reap the benefits of the new program.

“The cafeteria is going to be completely redesigned into a more retail-type experience, with an emphasis on healthier options like salads,” said Sheron. “We’re also exploring ways to employ food kiosks to offer more nutritious vending selections for visitors and

With **Expert Care**, Local Cardiologists Reach National Goals

Having advanced cardiology services in your community is not only convenient, but potentially lifesaving.

“Time is muscle after a heart attack,” says Nagapradeep Nagajothi, the newest Interventional Cardiologist at WCH Cardiovascular Institute. “The sooner we can unblock an artery, the better.”

For almost two years, specialists at the Cardiovascular Institute have been able to open blocked arteries right in Wooster. Before that, heart attack patients had to be transferred to larger hospitals for treatment.

“The national goal for opening blockages is 90 minutes from the time a patient arrives at the hospital,” explains Dr. Nagajothi. “We typically achieve that goal very comfortably. That’s very difficult to do for patients who are transferred from one hospital to another.”

Along with lifesaving procedures, the Cardiovascular Institute’s four skilled cardiologists perform many other treatments and diagnostic procedures. These include heart catheterizations, placement of pacemakers and implantable cardioverter-defibrillators, and cardioversions to stabilize irregular heartbeats. Other procedures performed at WCH Cardiovascular Institute include angiograms, aortic aneurysm repairs, angioplasty and stent placement, and removal of arterial clots and plaque.

“We’re a community hospital, but the heart care we provide is just as good, or better than many larger hospitals,” said Dr. Nagajothi, who came to Wooster from a larger hospital in April. “Our patients can be assured that they are in very good hands.”

He added that WCH offers preventative care that is just as important as emergency care.

“Our biggest goal is to help prevent our patients from having heart attacks and other cardiovascular conditions in the first place,” he says. “But if they do, we’re prepared to provide the quality of care that results in the best possible recovery. The approach we take toward helping our heart patients is what attracted me to Wooster.”

For questions or to schedule an appointment call 330.202.5700.