Sew a Fabric Face Mask

Currently our healthcare system is potentially facing not having enough supplies to protect themselves as they care for patients with COVID-19, mainly a respiratory virus. Fabric face masks may help fill this void. These fabric face masks do not filter germs to the level of manufactured healthcare masks but these masks serve as a barrier.

If you are willing to make masks the directions are below. Please deliver your completed fabric face masks to Wooster Community Hospital entrance. The screening staff at the doors will deliver the fabric face masks to the appropriate hospital department. We can not thank you enough for your willingness to help.

Recommendation for Sewing a Fabric Face Mask

I have attached a picture instruction sheet from Sweet Red Poppy below.

Tutorials available:

- Jenny Doan, Missouri Star Quilting, video
- Drstreicher.com
- [https://buttoncounter.com/2018/01/14/facemask-a-picture-tutorial](https://buttoncounter.com/2018/01/14/facemask-a-picture-tutorial)

Steps to follow:

1. All fabric needs to be prewashed.
3. If you don’t have elastic, you can make fabric ties. The fabric ties should be 40” (WOF) long. Cut the tie fabric 1 1/2” wide. Fold lengthwise and press, then fold in both raw edges. Topstitch the tie to the top of the mask and another tie to the bottom of the mask. Basically you are making (using) bias tape.
4. Pin Tucks: these are the pin tuck instructions from Button Counter, as an option from the Sweet Red Poppy mask pattern.
   a. Draw a line 1 3/4” from the lower edge of the mask.
   b. Draw another line 1” above the first line (2 3/4” from the lower edge of the mask).
   c. Fold the seam edge up so the bottom line meets the top line.
   d. Draw a line 1/2” from the top crease of the first pleat.
   e. Draw another line 1” above the line you just drew.
   f. Fold the lower line up to meet the second line you drew & form a pleat.
   g. Draw a line 1/2” above the second pleat you created.
   h. Draw another line 1” above the line you just drew.
   i. Fold the lower line up to meet the second line you drew & form a pleat.
   j. You should now have 3 pleats.
   k. You will secure the pleats when you topstitch along the sides.
5. Optional: place a 3” piece of wired ribbon along the top edge of the mask which is centered in the middle of the mask. The wired ribbon allows the healthcare worker to fit the mask snugly to their nose. If you can’t find wired ribbon, consider using a twistie tie.
HOW TO SEW A FACEMASK

1. CUT FABRIC
   Cut 2 pieces of Quilting Cotton 9" x 7".
   Cut 2 pieces of 1/4" elastic 7" long.

2. PLACE ELASTIC
   Pin a piece of elastic on the top and bottom of the short ends of the rectangle 1/2" from edge to create an ear loop.

3. PIN FABRIC
   Place 2nd piece of fabric on top with right sides together. Sew

4. SEW FACE MASK
   Sew around entire facemask leaving a 2 inch opening along the bottom for turning. Backstitch over elastic. Turn right side out.

5. CREATE PIN TUCKS
   Fold mask in thirds and press. Create 1/2" pintucks facing upwards using pressed markings as a guide.

6. TOPSTITCH
   Sew along the outside of the entire mask using a 3/8ths inch seam allowance.

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