Living Life Without Back Pain

After suffering six months of lower back pain that shot down her leg, real estate agent Darby Buehler is now able to comfortably lift her grandchild. “I was unable to tie my shoes and had trouble sleeping at night,” Buehler said. “My doctor referred me to Dr. Marcus Newton.”

A member of his church referred him to Dr. Marcus Newton, an orthopedic surgeon who specializes in spinal reconstructive surgery. Dr. Newton was new to the Wooster Community Hospital Health System, although he had performed more than 1,000 cervical (neck) fusions over more than 30 years. An MRI determined that fusion was needed to eliminate Thompson’s constant pain.

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Dr. Newton, an orthopedic surgeon, specializes in spinal reconstructive surgery. New to the Wooster Community Hospital Health System, Dr. Newton has performed around 5,000 cervical lower back surgeries over the last 30 years.

“He did an MRI and found that one of my discs needed some repairs,” Buehler explained. Dr. Newton then performed a laminectomy - the removal of the rear portion of a lumbar disc.

“I had surgery in the fall of 2020, and I feel great now,” Buehler said. “I feel wonderful to be back to my old self, walking around and doing yoga.”

Dr. Newton, she said, IS PERSONABLE AND PROFESSIONAL. “He told me that his job was to make me feel better,” Buehler said. “And that he definitely did.”

Successful Neck Fusion Straightens Out Pain

Years of construction work took their toll on John Thompson’s neck.

“I had horrible pain that went down my left shoulder every day,” Thompson recalled. “I tried physical therapy, but it didn’t help. I realized that I needed to see a specialist.”

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“You can’t even tell where my surgery was,” he said. “Everything played out just how Dr. Newton said it would.”

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Quality Care From WCH Makes Fast Knee Recovery Possible

As Cathy Csanyi found herself “crawling” up thirteen stairs from the downstairs family room in her Jeromesville home, she realized something had to change. “I’m stubborn,” she said. “But my knee pain was affecting the quality of my life; I knew I had to do something.”

That “something” was a bilateral total knee replacement, performed by Dr. Joseph Borruso of Bloomington Orthopedic Specialists. After three weeks -- one week of waiting for the swelling to heal and two weeks of intense in-home therapy -- Cathy walked into HealthPoint for rehab without assistance. She worked with Sean Hartzler during her recovery, whom she describes as “professional, friendly and phenomenal.”

In fact, Cathy said that everything was “great” about her experience with Wooster Community Hospital (WCH) and HealthPoint. “Dr. Borruso and the entire staff at WCH were wonderful,” she says. “The quality of care was as good, if not better, then other facilities. I can’t say enough good about them. If your quality of life is suffering, don’t wait as long as I did to do something.”

“Dr. Borruso and the entire staff at WCH were wonderful.”